

Date  
Event

29-Oct-06

Ladies Triathlon

Short Course

200

9

2

200

9.3

2

Position	Race Num		Name	Swim Time		Bike time		Run time		Swim time	ave lap	Bike Time	Ave Speed - km/hr	Run Time	mins/km	total	
1	70	Penglis	Kelly	4	33	25	34	0	35	7	04:33	0:01:08	0:21:01	26.36	0:09:33	04:46	0:35:07
2	48	Green	Denise	4	44	26	16	0	35	48	04:44	0:01:11	0:21:32	21.19	0:09:32	04:46	0:35:48
3	58	Thibodau	Guylaine	4	2	25	50	0	35	58	04:02	0:01:00	0:21:48	19.24	0:10:08	05:04	0:35:58
4	67	Walker	Sharene	4	14	27	26	0	36	7	04:14	0:01:03	0:23:12	22.32	0:08:41	04:21	0:36:07
5	127	Rowell	Michelle	4	50	26	52	0	36	58	04:50	0:01:12	0:22:02	24.99	0:10:06	05:03	0:36:58
6	123	Wharton	Therese	4	12	26	50	0	37	12	04:12	0:01:03	0:22:38	19.69	0:10:22	05:11	0:37:12
7	68	Love	Jodie	5	28	26	41	0	37	32	05:28	0:01:22	0:21:13	24.09	0:10:51	05:25	0:37:32
8	124	Munoz	Gilda	5	24	27	31	0	37	33	05:24	0:01:21	0:22:07	24.09	0:10:02	05:01	0:37:33
9	97	Cream	Andrea	4	44	27	1	0	37	45	04:44	0:01:11	0:22:17	22.47	0:10:44	05:22	0:37:45
10	74	Kemp	Rachel	5	0	26	39	0	38	41	05:00	0:01:15	0:21:39	20.29	0:12:02	06:01	0:38:41
11	69	Bathgate	Claire	5	20	26	56	0	38	48	05:20	0:01:20	0:21:36	20.67	0:11:52	05:56	0:38:48
12	40	Bastow	Lynette	4	44	28	30	0	39	40	04:44	0:01:11	0:23:46	18.20	0:11:10	05:35	0:39:40
13	77	McCread	Nadine	4	25	26	40	0	39	51	04:25	0:01:06	0:22:15	22.78	0:13:11	06:35	0:39:51
14	47	Alcock	Natalie	5	20	27	34	0	39	57	05:20	0:01:20	0:22:14	22.93	0:12:23	06:12	0:39:57
15	21	Warnock	Caley	4	31	26	48	0	39	58	04:31	0:01:08	0:22:17	22.47	0:13:10	06:35	0:39:58
16	118	Leahy	Adele	4	18	27	47	0	40	1	04:18	0:01:04	0:23:29	20.05	0:12:14	06:07	0:40:01
17	80	Lever	Audrey	4	44	29	5	0	40	2	04:44	0:01:11	0:24:21	20.29	0:10:57	05:28	0:40:02
18	22	Banasik	Nola	4	27	25	50	0	40	4	04:27	0:01:07	0:21:23	22.47	0:14:14	07:07	0:40:04
19	83	Metzke	Louise	4	12	29	6	0	40	9	04:12	0:01:03	0:24:54	16.91	0:11:03	05:31	0:40:09
20	81	Boggs	Wendy	5	2	27	44	0	40	12	05:02	0:01:15	0:22:42	19.24	0:12:28	06:14	0:40:12
21	25	Inglis	Annabel	4	57	28	0	0	40	13	04:57	0:01:14	0:23:03	23.74	0:12:13	06:07	0:40:13
22	46	di Blasi	Michelle	3	45	26	52	0	40	21	03:45	0:00:56	0:23:07	23.09	0:13:29	06:44	0:40:21
23	129	Hay	Kathleen	4	22	27	20	0	40	21	04:22	0:01:06	0:22:58	17.62	0:13:01	06:30	0:40:21
24	76	Martin	Renae	5	7	30	16	0	40	37	05:07	0:01:17	0:25:09	21.06	0:10:21	05:11	0:40:37
25	128	Bacigalupo-Rose	Maria	5	19	28	0	0	40	46	05:19	0:01:20	0:22:41	19.35	0:12:46	06:23	0:40:46
26	9	Ewart	Martina	4	22	29	28	0	40	55	04:22	0:01:06	0:25:06	21.46	0:11:27	05:43	0:40:55
27	113	Wall	Ness	5	31	30	9	0	41	0	05:31	0:01:23	0:24:38	18.40	0:10:51	05:26	0:41:00
28	28	Darcy	Emma	6	0	31	16	0	41	8	06:00	0:01:30	0:25:16	20.17	0:09:52	04:56	0:41:08
29	34	Brooker	Dinah	5	0	27	47	0	41	15	05:00	0:01:15	0:22:47	18.70	0:13:28	06:44	0:41:15
30	85	Mcgregor	Jaclyn	4	50	31	4	0	41	18	04:50	0:01:12	0:26:14	19.69	0:10:14	05:07	0:41:18
31	44	Langley	Melanie	5	0	28	47	0	41	33	05:00	0:01:15	0:23:47	18.10	0:12:46	06:23	0:41:33
32	41	Kirke	Clare	5	34	29	2	0	41	47	05:34	0:01:23	0:23:28	20.17	0:12:45	06:22	0:41:47
33	15	Lovell	Leanne	5	9	28	11	0	41	56	05:09	0:01:17	0:23:02	23.91	0:13:45	06:52	0:41:56
34	27	Craig	Katherine	6	0	30	34	0	41	58	06:00	0:01:30	0:24:34	18.81	0:11:24	05:42	0:41:58
35	66	Brabazon	Candice	4	44	28	51	0	42	4	04:44	0:01:11	0:24:07	22.17	0:13:13	06:37	0:42:04
36	98	Van der Wal	Kerrie	6	50	31	9	0	42	5	06:50	0:01:42	0:24:19	20.54	0:10:56	05:28	0:42:05
37	65	Bergmann	Astrid	5	2	31	4	0	42	10	05:02	0:01:15	0:26:02	21.19	0:11:06	05:33	0:42:10
38	43	Carter	Debbie	5	50	31	8	0	42	25	05:50	0:01:27	0:25:18	19.93	0:11:17	05:38	0:42:25
39	95	Van Wyk	Shannon	4	35	31	12	0	42	25	04:35	0:01:09	0:26:37	17.35	0:11:13	05:36	0:42:25
40	99	Kerr	Megan	5	47	31	23	0	42	25	05:47	0:01:27	0:25:36	18.00	0:11:02	05:31	0:42:25
41	107	Fletcher	Suzanne	4	46	30	41	0	42	25	04:46	0:01:11	0:25:55	16.33	0:11:44	05:52	0:42:25
42	73	Nichols	Emma	5	7	31	39	0	42	27	05:07	0:01:17	0:26:32	17.81	0:10:48	05:24	0:42:27
43	125	Louwen	Kristen	4	22	30	23	0	42	29	04:22	0:01:06	0:26:01	21.32	0:12:06	06:03	0:42:29
44	102	Spring	Jessie	7	42	31	53	0	42	30	07:42	0:01:56	0:24:11	21.60	0:10:37	05:19	0:42:30
45	7	Rusconi	Ebony	5	0	30	11	0	42	45	05:00	0:01:15	0:25:11	20.80	0:12:34	06:17	0:42:45
46	10	Thompson	Bronwyn	6	1	32	5	0	42	55	06:01	0:01:30	0:26:04	20.93	0:10:50	05:25	0:42:55
47	24	Herbst	Antoinette	4	51	30	9	0	43	11	04:51	0:01:13	0:25:18	19.93	0:13:02	06:31	0:43:11
48	52	Leo	Kelly	5	2	30	59	0	43	54	05:02	0:01:15	0:25:57	16.17	0:12:55	06:28	0:43:54
49	50	Ah Chee	Renae	5	10	33	8	0	44	15	05:10	0:01:18	0:27:58	15.22	0:11:07	05:34	0:44:15
50	111	Pratt	Frances	3	50	31	29	0	44	16	03:50	0:00:58	0:27:39	16.66	0:12:47	06:23	0:44:16

Position	Race Num		Name	Swim Time		Bike time			Run time		Swim time	ave lap	Bike Time	Ave Speed - km/hr	Run Time	mins/km	total	
51	11	Julitz	Lisa	5	7		31	9	0	44	40	05:07	0:01:17	0:26:02	21.19	0:13:31	06:45	0:44:40
52	72	Harley	Tanya	5	10		31	52	0	44	45	05:10	0:01:18	0:26:42	16.91	0:12:53	06:27	0:44:45
53	100	Walsh	Linley	5	26		30	42	0	45	12	05:26	0:01:22	0:25:16	20.17	0:14:30	07:15	0:45:12
54	87	Byfield	Megan	5	10		34	11	0	45	16	05:10	0:01:18	0:29:01	19.13	0:11:05	05:33	0:45:16
55	35	Caveney	Julie	4	30		30	53	0	45	17	04:30	0:01:07	0:26:23	18.70	0:14:24	07:12	0:45:17
56	126	Reid	Sonia	6	27		30	38	0	45	26	06:27	0:01:37	0:24:11	21.60	0:14:48	07:24	0:45:26
57	63	Mulcare	Sharna	4	54		34	5	0	45	34	04:54	0:01:14	0:29:11	18.10	0:11:29	05:45	0:45:34
58	1	Gibson	Tanya	4	43		29	29		46	1	04:43	0:01:11	0:24:46	17.62	0:16:32	08:16	0:46:01
59	59	Tidy	Jynette	5	50		32	2	0	46	1	05:50	0:01:27	0:26:12	19.93	0:13:59	06:59	0:46:01
60	119	Moyle	Vella	4	34		31	32	0	46	1	04:34	0:01:08	0:26:58	15.64	0:14:29	07:14	0:46:01
61	3	Sycamore	Flo	7	5		35	35	0	46	11	07:05	0:01:46	0:28:30	16.91	0:10:36	05:18	0:46:11
62	116	Grimes	Caroline	4	30		34	0	0	46	28	04:30	0:01:07	0:29:30	16.41	0:12:28	06:14	0:46:28
63	117	Scoble	Jess	4	57		33	8	0	46	33	04:57	0:01:14	0:28:11	18.70	0:13:25	06:42	0:46:33
64	130	Hay	Natalie	5	30		33	8	0	46	33	05:30	0:01:23	0:27:38	16.74	0:13:25	06:42	0:46:33
65	109	Harlow	Debbie	6	44		31	42	0	46	46	06:44	0:01:41	0:24:58	16.57	0:15:04	07:32	0:46:46
66	92	Kuehnappel	Kathie	3	33		31	47	0	47	4	03:33	0:00:53	0:28:14	18.40	0:15:17	07:39	0:47:04
67	110	Crane	Naomi	5	10		34	14	0	47	6	05:10	0:01:18	0:29:04	18.81	0:12:52	06:26	0:47:06
68	82	Jeppersen	Natasha	5	14		31	33	0	47	14	05:14	0:01:19	0:26:19	19.13	0:15:41	07:51	0:47:14
69	60	Stevens	Suzanne	6	17		32	24	0	47	27	06:17	0:01:34	0:26:07	20.54	0:15:03	07:32	0:47:27
70	91	Hall	Penni	5	58		35	27	0	47	29	05:58	0:01:30	0:29:29	16.49	0:12:02	06:01	0:47:29
71	61	Bergamo	Nadia	7	7		36	1	0	47	33	07:07	0:01:47	0:28:54	15.08	0:11:32	05:46	0:47:33
72	94	Hull	Andrea	6	15		33	15	0	48	9	06:15	0:01:34	0:27:00	20.67	0:14:54	07:27	0:48:09
73	8	Drexler	Susan	6	12		36	44	0	48	14	06:12	0:01:33	0:30:32	15.79	0:11:30	05:45	0:48:14
74	71	Lonsdale	Robin	6	16		32	47	0	49	57	06:16	0:01:34	0:26:31	17.90	0:17:10	08:35	0:49:57
75	53	Ostaszewskyj	Pauline	5	50		35	59	0	49	58	05:50	0:01:27	0:30:09	17.71	0:13:59	07:00	0:49:58
76	84	Fosbery	Linda	6	0		35	30	0	50	1	06:00	0:01:30	0:29:30	16.41	0:14:31	07:16	0:50:01
77	122	Richards	Julie	5	52		34	15	0	50	45	05:52	0:01:28	0:28:23	17.53	0:16:30	08:15	0:50:45
78	6	Ellis	Andrea	5	18		35	30	0	50	47	05:18	0:01:19	0:30:12	17.44	0:15:17	07:39	0:50:47
79	101	Mannering	Ciara	8	9		36	48	0	50	59	08:09	0:02:02	0:28:39	16.17	0:14:11	07:06	0:50:59
80	42	Brensell	Lee-anne	4	59		35	39	0	51	16	04:59	0:01:15	0:30:40	15.22	0:15:37	07:48	0:51:16
81	114	Bedggood	Shannon	5	51		36	34	0	52	0	05:51	0:01:28	0:30:43	15.01	0:15:26	07:43	0:52:00
82	54	Brown	Emma	5	24		35	34	0	52	10	05:24	0:01:21	0:30:10	17.62	0:16:36	08:18	0:52:10
83	55	Armstrong	Kiele	6	3		35	35	0	52	15	06:03	0:01:31	0:29:32	16.25	0:16:40	08:20	0:52:15
84	12	McFall	Amanda	6	23		36	6		53	6	06:23	0:01:36	0:29:43	15.43	0:17:00	08:30	0:53:06
85	14	Bates	Erin	5	55		37	54	0	53	55	05:55	0:01:29	0:31:59	13.67	0:16:01	08:00	0:53:55
86	2	Chapman	Roslyn	6	36		38	28	0	53	58	06:36	0:01:39	0:31:52	14.07	0:15:30	07:45	0:53:58
87	49	Pulsford	Jo	4	33		43	51	0	55	41	04:33	0:01:08	0:39:18	13.29	0:11:50	05:55	0:55:41
88	56	White	Linda	6	47		39	54	0	56	17	06:47	0:01:42	0:33:07	16.33	0:16:23	08:11	0:56:17
89	31	Jackson	Stacey	7	7		42	50	0	58	2	07:07	0:01:47	0:35:43	13.23	0:15:12	07:36	0:58:02
90	79	Carter	Kerrie	5	24		34	0	0	58	36	05:24	0:01:21	0:28:36	16.41	0:24:36	12:18	0:58:36
91	13	Kelly	Sally	6	53		29	46	0	58	43	06:53	0:01:43	0:22:53	18.10	0:28:57	14:29	0:58:43
92	51	Smith	Bronwyn	5	57		43	55	0	59	41	05:57	0:01:29	0:37:58	11.96	0:15:46	07:53	0:59:41
93	62	Twine	Kelly	9	58		44	40	1	3	32	09:58	0:02:30	0:34:42	13.61	0:18:52	09:26	1:03:32
94	112	Gray	Joanne	8	0		44	45	1	6	50	08:00	0:02:00	0:36:45	12.83	0:22:05	11:02	1:06:50
95	75	Mallory	Cathy	9	32		30	39	1	8	13	09:32	0:02:23	0:21:07	25.17	0:37:34	18:47	1:08:13