

Date 17.12.06

Event Dempster Tri

Short Course

Swim - m

300

Bike - km

10

Run - km

2

Place	Race Num	Name	hcp	Swim Time			Bike time			Run time			Swim time	ave lap	Bike Time	Ave Speed - km/hr	Run Time	mins/km	total	Time diff	time without handicap
1	53	Rory Vermeersch	22	28	5	46	46	54	33	06:05	01:01	18:41	32.11	07:47	03:54	54:33	00:00	32:33			
2	52	Jody Brownley	22	27	39	47	5	55	36	05:39	00:57	19:26	30.87	08:31	04:15	55:36	01:03	33:36			
3	55	Jack Grabowski	22	26	44	47	53	57	16	04:44	00:47	21:09	28.37	09:23	04:42	57:16	02:43	35:16			
4	70	Tristan Polmear	22	27	22	47	49	58	9	05:22	00:54	20:27	29.34	10:20	05:10	58:09	03:36	36:09			
5	66	Jake Thompson	22	27	47	50	5	58	50	05:47	00:58	22:18	26.91	08:45	04:23	58:50	04:17	36:50			
6	49	Guylaine Thibodeau	22	27	51	49	47	59	48	05:51	00:59	21:56	27.36	10:01	05:01	59:48	05:15	37:48			
7	73	Lucy Jacobs	22	28	44	52	47	1	1	2	06:44	01:07	24:03	24.95	08:15	04:08	01:02	06:29	39:02		
8	50	Elizebeth Haugg	22	29	2	51	29	1	1	26	07:02	01:10	22:27	26.73	09:57	04:58	01:26	06:53	39:26		
9	54	Sue Cutten	22	30	17	52	57	1	1	48	08:17	01:23	22:40	26.47	08:51	04:25	01:48	07:15	39:48		
10	62	Janet Tyrrell	22	30	18	53	1	1	1	49	08:18	01:23	22:43	26.41	08:48	04:24	01:49	07:16	39:49		
11	68	Daniel Goodhand	22	27	57	50	21	1	3	21	05:57	00:59	22:24	26.79	13:00	06:30	03:21	08:48	41:21		
12	67	Janet Silburn	22	28	33	53	2	1	3	47	06:33	01:06	24:29	24.51	10:45	05:23	03:47	09:14	41:47		
13	64	Wendy Norris	22	29	30	54	9	1	4	2	07:30	01:15	24:39	24.34	09:53	04:57	04:02	09:29	42:02		
14	60	David Dwyer	22	27	8	51	48	1	4	6	05:08	00:51	24:40	24.32	12:18	06:09	04:06	09:33	42:06		
15	57	Tanya Harley	22	29	4	52	11	1	5	22	07:04	01:11	23:07	25.96	13:11	06:36	05:22	10:49	43:22		
16	71	Simon Cheeseman	22	30	51	54	19	1	6	26	08:51	01:29	23:28	25.57	12:07	06:04	06:26	11:53	44:26		
17	59	Melissa Rowe	22	28	15	54	26	1	7	0	06:15	01:03	26:11	22.92	12:34	06:17	07:00	12:27	45:00		
18	63	Renae Rance	22	28	35	53	55	1	7	28	06:35	01:06	25:20	23.68	13:33	06:46	07:28	12:55	45:28		
19	61	Ann Dwyer	22	31	20	56	34	1	8	47	09:20	01:33	25:14	23.78	12:13	06:06	08:47	14:14	46:47		
20	72	Sarah Coyle	22	28	59	58	28	1	9	13	06:59	01:10	29:29	20.35	10:45	05:23	09:13	14:40	47:13		
21	56	Ali Grabowaski	22	29	51	47	53	1	9	52	07:51	01:19	18:02	33.27	21:59	11:00	09:52	15:19	47:52		
22	51	Catherine Moore	22	29	0	55	25	1	10	20	07:00	01:10	26:25	22.71	14:55	07:28	10:20	15:47	48:20		
23	58	Tanya Gibson	22	28	47	54	49	1	11	37	06:47	01:08	26:02	23.05	16:48	08:24	11:37	17:04	49:37		
24	69	Toni Miller	22	31	4	1	1	19	1	14	52	09:04	01:31	30:15	19.83	13:33	06:46	14:52	20:19	52:52	

Long Course

Swim - m
1000

Bike - km
30

Run - km
6.5

Position	Race Num	Name	hcp	Swim Time			Bike time			Run time			Swim time	ave lap	Bike Time	Ave Speed - km/hr	Run Time	mins/km	total	Time diff	time without handicap
1	1	Brendon Nichol		16	18	1	2	37	1	30	31	16:18	00:49	0:46:19	38.86	27:54	04:18	1:30:31	0:00:00	1:30:31	
16	17	Ken Willsher		14	57	1	7	19	1	36	18	14:57	00:45	0:52:22	34.37	28:59	04:28	1:36:18	0:05:47	1:36:18	
2	2	Fred Reid		16	38	1	12	2	1	39	57	16:38	00:50	0:55:24	32.49	27:55	04:18	1:39:57	0:09:26	1:39:57	
22	25	Jason Wright		17	9	1	10	48	1	41	0	17:09	00:51	0:53:39	33.55	30:12	04:39	1:41:00	0:10:29	1:41:00	
13	14	Mark Goodhand		15	4	1	21	40	1	41	24	15:04	00:45	1:06:36	27.03	19:44	03:02	1:41:24	0:10:53	1:41:24	
9	9	Tristan Gogan		18	40	1	12	27	1	41	27	18:40	00:56	0:53:47	33.47	29:00	04:28	1:41:27	0:10:56	1:41:27	
32	33	Bryan Tepper		18	19	1	14	58	1	41	49	18:19	00:55	0:56:39	31.77	26:51	04:08	1:41:49	0:11:18	1:41:49	
30	35	Graeme Christie		16	46	1	10	47	1	43	22	16:46	00:50	0:54:01	33.32	32:35	05:01	1:43:22	0:12:51	1:43:22	
17	19	Paul Rose		17	30	1	11	17	1	44	31	17:30	00:53	0:53:47	33.47	33:14	05:07	1:44:31	0:14:00	1:44:31	
18	20	Nick Doncon		17	37	1	10	51	1	44	45	17:37	00:53	0:53:14	33.81	33:54	05:13	1:44:45	0:14:14	1:44:45	
28	31	Dave Roberts		17	5	1	13	19	1	45	17	17:05	00:51	0:56:14	32.01	31:58	04:55	1:45:17	0:14:46	1:45:17	
7	7	Mark Everrett		15	29	1	8	32	1	45	45	15:29	00:46	0:53:03	33.93	37:13	05:44	1:45:45	0:15:14	1:45:45	
12	34	Julie Keer		16	17	1	13	10	1	45	55	16:17	00:49	0:56:53	31.64	32:45	05:02	1:45:55	0:15:24	1:45:55	
6	6	Dave Harrison		18	17	1	19	28	1	50	12	18:17	00:55	1:01:11	29.42	30:44	04:44	1:50:12	0:19:41	1:50:12	
21	24	Paul Topping		18	50	1	13	40	1	52	35	18:50	00:57	0:54:50	32.83	38:55	05:59	1:52:35	0:22:04	1:52:35	
25	28	Sue Webber		16	27	1	20	42	1	52	52	16:27	00:49	1:04:15	28.02	32:10	04:57	1:52:52	0:22:21	1:52:52	
8	8	Howard Reddyhough		17	24	1	17	13	1	53	44	17:24	00:52	0:59:49	30.09	36:31	05:37	1:53:44	0:23:13	1:53:44	
15	16	Kim Buswell		18	13	1	16	36	1	53	46	18:13	00:55	0:58:23	30.83	37:10	05:43	1:53:46	0:23:15	1:53:46	
5	5	Pam Williams		17	43	1	18	32	1	54	20	17:43	00:53	1:00:49	29.60	35:48	05:30	1:54:20	0:23:49	1:54:20	
24	27	Michelle Wall		17	4	1	15	6	1	56	40	17:04	00:51	0:58:02	31.02	41:34	06:24	1:56:40	0:26:09	1:56:40	
23	26	Bill Witham		17	50	1	18	22	1	57	46	17:50	00:53	1:00:32	29.74	39:24	06:04	1:57:46	0:27:15	1:57:46	
3	3	Lance Williams		19	11	1	21	19	1	58	35	19:11	00:58	1:02:08	28.97	37:16	05:44	1:58:35	0:28:04	1:58:35	
11	12	Craig Mader		17	38	1	16	4	1	59	44	17:38	00:53	0:58:26	30.80	43:40	06:43	1:59:44	0:29:13	1:59:44	
19	21	Don Piercey		19	33	1	20	58	1	59	46	19:33	00:59	1:01:25	29.31	38:48	05:58	1:59:46	0:29:15	1:59:46	
14	15	Del Goodhand		19	3	1	22	24	2	0	0	19:03	00:57	1:03:21	28.41	37:36	05:47	2:00:00	0:29:29	2:00:00	
29	T 47	Just 2 of Us		17	44	1	16	42	2	0	28	17:44	00:53	0:58:58	30.53	43:46	06:44	2:00:28	0:29:57	2:00:28	
31	T 48	Two Man		18	11	1	25	43	2	3	49	18:11	00:55	1:07:32	26.65	38:06	05:52	2:03:49	0:33:18	2:03:49	
10	10	Karen Bender		22	56	1	28	20	2	5	21	22:56	01:09	1:05:24	27.52	37:01	05:42	2:05:21	0:34:50	2:05:21	
4	4	Lesa Blackham		17	38	1	9	15	2	11	14	17:38	00:53	0:51:37	34.87	01:59	09:32	2:11:14	0:40:43	2:11:14	
20	23	Jo Moyle		20	28	1	28	39	2	15	39	20:28	01:01	1:08:11	26.40	47:00	07:14	2:15:39	0:45:08	2:15:39	
27	30	Ruth Methcalf		24	25	1	31	13	2	26	29	24:25	01:13	1:06:48	26.95	55:16	08:30	2:26:29	0:55:58	2:26:29	
26	29	Leeanne Wood		21	41	1	41	53	2	34	30	21:41	01:05	1:20:12	22.44	52:37	08:06	2:34:30	1:03:59	2:34:30	
33	11	Stephen Gibson		19	49							19:49	00:59	-0.013762	-90.83	00:00	00:00	0:00:00	#####	0:00:00	